

**POST- OPERATIVE
MATRIXECTOMY (REMOVAL OF INGROWN TOENAIL)
INSTRUCTIONS**

SOAK THE SURGICAL SITE DAILY IN WARM WATER AND A TABLESPOON OF EPSOM SALT (OPTIONAL) FOR AT LEAST 15 MINUTES. **DO NOT APPLY ANY ANTIBIOTIC OINTMENTS.** (EXAMPLES: NEOSPORIN/ BACITRACIN) PAT AREA DRY AND APPLY A BAND-AID OR STERILE GAUZE. REPEAT THIS PROCESS EVERY DAY UNTIL YOU SEE THE PHYSICIAN FOR YOUR FOLLOW-UP EXAM.

IF YOU HAVE ANY SIGNS OF INFECTION:

- REDNESS (LIKE A RIPE CHERRY TOMATO)
- HEAT (HOT TO THE TOUCH)
- INTENSE PAIN
- THICK/ EXCESSIVE DRAINAGE

PLEASE NOTIFY THE OFFICE IMMEDIATELY AT:

(480) 889-2905.